



سری سوال : یک ۱

زمان آزمون (دقیقه) : تستی : ۶۰ تشریحی : ۰

تعداد سوالات : تستی : ۳۰ تشریحی : ۰

عنوان درس : متون خارجه در علوم ورزشی

رشته تحصیلی / کد درس : علوم ورزشی گرایش علوم انسانی ورزش ۱۲۱۵۲۲۸

Part I: Select the best choice (a, b, c, or d) and mark it on your answer sheet.

1-The scientific study of the structure of human or animal bodies is called .....

1. fitness                      2. coordination                      3. anatomy                      4. kinesiology

2-The ..... of programs is included in their curriculum.

1. administration                      2. coordination                      3. interscholastic                      4. contest

3-It is important to follow the ..... procedure.

1. regulation                      2. regularly                      3. regular                      4. regulate

4-Margaret is interested in following her daily ..... of exercise.

1. mineral                      2. regimen                      3. relaxation                      4. density

5-You should consider the recommended vitamins and .....

1. mass                      2. minerals                      3. tissue                      4. regimen

6-The production process is now highly .....

1. mechanized                      2. mechanize                      3. mechanic                      4. mechanical

7-Vitamins are essential for healthy .....

1. growingly                      2. growing                      3. grow                      4. growth

8-A thin layer of skin that connects or covers parts inside the body is called .....

1. ribosome                      2. mitochondria                      3. membrane                      4. nucleus

9-..... are active in the synthesis of proteins.

1. ribosomes                      2. mitochondria                      3. nucleus                      4. membrane

10-Our team was ..... from the competition in the first round.

1. eliminated                      2. eliminate                      3. elimination                      4. eliminative

11-An artificial hormone that increases the size of the muscles is called .....

1. aerobics                      2. hooliganism  
3. amphetamine                      4. anabolic steroid

12-A very keen follower or supporter of a sport or a sportsman is called .....

1. spectator                      2. fan                      3. tone                      4. stand

13-They had seats in the east .....

1. hiking                      2. fan                      3. scuffle                      4. stand

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14- People who want excitement may take .....

- |                     |                 |
|---------------------|-----------------|
| 1. anabolic steroid | 2. amphetamines |
| 3. hooliganism      | 4. scuffle      |

15- The term ..... refers to a group of clubs, societies, trade unions, etc, that have joined together to form an organization.

- |           |              |         |               |
|-----------|--------------|---------|---------------|
| 1. expert | 2. candidate | 3. body | 4. federation |
|-----------|--------------|---------|---------------|

16- All rooms have private .....

- |               |            |             |                   |
|---------------|------------|-------------|-------------------|
| 1. facilities | 2. failure | 3. approach | 4. apprenticeship |
|---------------|------------|-------------|-------------------|

17- Athletes should ..... courage.

- |               |               |            |                 |
|---------------|---------------|------------|-----------------|
| 1. possessive | 2. possession | 3. possess | 4. possessively |
|---------------|---------------|------------|-----------------|

18- There should be a spirit of ..... in international contests.

- |               |               |             |                  |
|---------------|---------------|-------------|------------------|
| 1. enterprise | 2. aspiration | 3. goodwill | 4. glorification |
|---------------|---------------|-------------|------------------|

19- Our ..... is: live and let live.

- |          |             |            |               |
|----------|-------------|------------|---------------|
| 1. motto | 2. proposal | 3. charter | 4. aspiration |
|----------|-------------|------------|---------------|

20- The rules need to be .....

- |                  |                |           |             |
|------------------|----------------|-----------|-------------|
| 1. reformational | 2. reformation | 3. reform | 4. reformed |
|------------------|----------------|-----------|-------------|

Read the following passage and answer the questions that follow it.

Passage I. The International Sports Federations are the world governing bodies of their separate sports. The IOC recognizes 39 Federations out of which 29 are in the olympic program. At the olympic games they are responsible for the technical direction of their sports, such as the rules governing the events, the facilities and equipment, and for the officials who apply the rules. The International Olympic Committee is the final authority on all non-technical questions concerning the olympic games and the olympic

21- What does the "bodies" mean in the first line?

1. a skill or special ability
2. a group of clubs, societies, trade unions, that have joined together to form an organization
3. a group of people who work together for an official purpose
4. a person who is applying for a job or is trying to be elected

22- What is the meaning of "out of" in the second sentence?

- |               |          |           |            |
|---------------|----------|-----------|------------|
| 1. from among | 2. about | 3. inside | 4. outside |
|---------------|----------|-----------|------------|

23- How many Federations are in the olympic program?

- |       |       |       |       |
|-------|-------|-------|-------|
| 1. 68 | 2. 10 | 3. 39 | 4. 29 |
|-------|-------|-------|-------|

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24-What is "IOC"?

- |                                |   |
|--------------------------------|---|
| 1. International Olympic Clubs | 2. International Olympic Committee      |
| 3. International Old Committee | 4. International Organization Committee |

25-What is the reference of "who" in the third sentence?

- |              |                             |
|--------------|-----------------------------|
| 1. officials | 2. they                     |
| 3. rules     | 4. facilities and equipment |

26-"concerning" in the last line means .....

- |       |        |          |       |
|-------|--------|----------|-------|
| 1. in | 2. for | 3. about | 4. on |
|-------|--------|----------|-------|

Read the following passage and then answer the questions that follow it.

Passage II. Physical education in the elementary school emphasizes the evaluation of basic movement. It includes a schedule of activities for improving physical coordination and development. The programs are designed to allow each child to progress individually and to provide the maximum activity that will encourage self-expression and creativity. Rhythmic exercises and informal games make up an important part of such programs.

27-What is the reference of "It" in the second sentence?

- |                      |                       |
|----------------------|-----------------------|
| 1. elementary school | 2. physical education |
| 3. basic movement    | 4. evaluation         |

28-What is the meaning of "individually" in the third sentence?

- |             |              |               |               |
|-------------|--------------|---------------|---------------|
| 1. friendly | 2. specially | 3. personally | 4. separately |
|-------------|--------------|---------------|---------------|

29-"make up" in the last line means .....

- |        |         |         |         |
|--------|---------|---------|---------|
| 1. use | 2. have | 3. form | 4. take |
|--------|---------|---------|---------|

30-What is the reference of "that" in the third sentence?

- |                     |                                   |
|---------------------|-----------------------------------|
| 1. maximum activity | 2. programs                       |
| 3. each child       | 4. self-expression and creativity |