

تعداد سوالات: تستی: ۳۰ تشریحی: ۰

زمان آزمون (دقیقه): تستی: ۶۰ تشریحی: ۰

سری سوال: یک ۱

عنوان درس: زبان تخصصی ۱، زبان تخصصی ۱، متون خارجی تخصصی

رشته تحصیلی/کد درس: تربیت بدنی و علوم ورزشی دبیری، تربیت بدنی و علوم ورزشی ۱۲۱۲۱۵۸ -، تربیت بدنی و علوم ورزشی (خواهران)، تربیت بدنی و علوم ورزشی (برادران) ۱۲۱۵۰۵۲ -، تربیت بدنی و علوم ورزشی (ناپیوسته) ۱۲۱۵۱۷۶

1- The scientific study of the structure of human or animal bodies.

1. curriculum 2. vegetarian 3. kinesiology 4. anatomy

2-The ability to continue doing sth difficult or painful for a long period of time without complaining.

1. exercise 2. endurance 3. fitness 4. track and field

3-You should repeat the -----ten times on each leg.

1. exercise 2. fitness 3. endurance 4. track and field

4-Courses like kinesiology and physiology are included in professional physical education -----.

1. methodology 2. capability 3. function 4. curriculum

5-The ----- of heart muscles results in expelling the blood from the heart.

1. Contraction 2. hypertrophy 3. density 4. extend

6-A piece of body tissue that you tighten and relax in order to move a particular part of the body.

1. regimen 2. injury 3. muscle 4. mass

7-A ----- is a thick strong cord that connects a muscle to a bone.

1. Ligament 2. mass 3. nerve 4. tendon

8-Kannus considered ----- and ----- to be significant features of injury prevention.

1. track - field 2. warm-up – cool-down
3. increase - decrease 4. sport - exercise

9-The doctor advised Ali to have another ----- after six month.

1. Complaint 2. illness 3. checkup 4. ailment

10-An ----- is a drawing that shows the state of health of the brain.

1. Stethoscope 2. otoscope
3. electrocardiogram 4. electroencephalogram

11----- is the means by which a physician determines a patient's state of health.

1. Medical history 2. Physical examination
3. Routine checkup 4. Laboratory

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12-A cloth that is pressed onto a part of the body to reduce fever or pain or stop bleeding or swelling.

1. Crutch 2. compress 3. medication 4. hygiene

13-A sudden and often painful tightening of a muscle, which you cannot control.

1. Spasm 2. contraction 3. breakage 4. dislocation

14-In the interest of -----, please wash your hand

1. hygiene 2. nerve 3. vessel 4. pressure

15- ----- stimulates repair of damaged tissue.

1. Circulation 2. Heat 3. Cold 4. Increase

16-The process by which living things receive the food necessary for them to grow and healthy; the process of getting or giving food.

1. Nutrition 2. Metabolism 3. Regimen 4. Fat

17-George was dropping with ----- and could not keep his eyes open.

1. thin 2. fatness 3. fatigue 4. faint

18-The new coach's strategies will improve your -----.

1. Prescription 2. performance
3. permute 4. prevent

19- ----- is stored in the liver and in skeletal muscles.

1. Glycogen 2. Carbon 3. Fat 4. Carbohydrate

20-The process by which mental and physical characteristics are passed parents to their children.

1. evolution 2. heredity 3. gene 4. embryo

21-An ----- may be defined as the young of a creature in its first state before birth or before coming out of an egg.

1. gene 2. chromosome
3. embryo 4. membrane

22-Our team was ----- from the competition in the first round.

1. eliminated 2. reproduced
3. examination 4. coordination

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- 23- Humans, mice, and other animals have severe respiratory difficulties at altitudes where ----- is scarce.
1. food 2. dehydration 3. water 4. oxygen
- 24- The generation of faithful replicas by living creatures relates to -----
1. specificity 2. universality 3. synthesis 4. differentiation
- 25- A race in which the competitors run very fast over a short distance.
1. 400m 2. 100m 3. 800m 4. 200m
- 26- He puts a lot of ----- on a tennis ball when hitting it.
1. somersault 2. stride 3. spin 4. swings
- 27- The mother ----- her child from drowning.
1. jump 2. skiing 3. saved 4. learning
- 28- ----- motion ,which is also called translation, describes a situation in which all part of an object move the same distance, in the same direction, and in the same time.
1. Angular 2. Linear 3. General 4. Trajectory
- 29- Full turns are also known as -----
1. sprints 2. swings 3. revolutions 4. routines
- 30- In a wheelchair race , athletes have a combination of ----- motion
1. linear and angular 2. circling and turning
3. rotating and spinning 4. linear and pirouetting